



ASWU Meeting Minutes 11/02/2016

Meeting was brought to order at 5:01pm in the AWSU Assembly Chambers

Mission Statement read by Rachel

Motion to approve 10/26/16 minutes by Christina, second by Hannah, approval unanimous, 3 absent.

1. CAOS

Megan - So far we have been holding monthly study hall meetings. They have been really well attended. This next week we are going to be holding a 4-year plan workshop, mostly for freshmen but welcome to anyone who may need assistance. We are also holding a couple panels in the spring, professional and vocational. We help with chemistry and other departments Christmas parties as well. Our club's goal and mission is to get more students involved and help the science departments.

2. Guest Speaker - Forrest Buckner

Forrest - Last spring we came and asked ASWU to support us with the addition of a prayer room in the chapel. They came to ASWU for funding, and it was granted. Forrest wanted to come back to us and thank everyone for their support. The prayer room is great for all students, regardless of faith. Any students can use the room to pray in any way they want. I hope you come take a look at it whenever you can. When you get there, you can use it as long as it is empty, on a first come first served basis. Forrest read a couple testimonials for the guest book in the prayer room. Thank you all again for supporting this project. Any questions about this project?

Shaun - What is included in the room?

Forrest - You will have to come see it. 2 lamps, candles, chairs, iPod dock, coloring books, journals, pillows and some art of the walls. The only issue is it's not really soundproof if there is a class or group meeting in the chapel. We tried to keep it simple.

Jordan - I heard that you might take some of the study rooms out of dorms for this project?

Forrest - That was the original idea, but we found room in the chapel which replaced the idea of doing it in the dorms.

I have only been here for 2 years, and worked in Colorado before for 10 years with high school students. My wife and I have 3 children and we always love talking with students. My job consists of two different areas. First, I serve on the President's Cabinet and assist with the administrative duties. Second I also serve as a pastor and assist with the programs offered in the chapel. I also get to teach a little bit in the theology department, which is always exciting. Our doors are always open, so please come talk to them in the chapel and they can help you talk through anything. I am excited that a lot of students are coming to chapel, and just being apart of it all. Also, we started a new athletics ministry program. These groups are designed team by team, and support comes to them in all different ways. Our work in the Diversity, Equity and Inclusion has been amazing, which Mama Beans is in charge of. She has started two groups, one for women and one for men of under representative populations. Another exciting part of my job is meeting with Mike, simply because he is a great person to work with and help ASWU and the Chapel communicate more effectively. Awake is a very new program,

only 5 years old. At first it wasn't clear if it should keep going, and we were struggling trying to find a mission. Last year they set a new mission and now it is coming together and building. The main goal is to learn what it means to be a Christian in college, ask questions and engage in conversation.

Abigail - How would under representative women get connected?

Forrest - Stop by and see Stephanie. Or attend the study groups on Tuesdays and Thursdays.

Hannah - What is Jake's title?

Forrest - Graduate Assistant Interns, we have two of them Jake and Olivia.

Shaun - Can you explain the difference between Hosanna and Awake

Forrest - Hosanna is for students who love music and want to be with god. There is not much talking, lights are dim and just want to sing. Awake is about community. There is a testimony section, and at Awake they work in small groups and engage in conversations.

3. Catholic Fellowship

Madison - We carpool to mass every Sunday. Meeting every Friday at 6pm. We get to know each other, play games, and watch video series about diving deeper into the catholic faith.

Hannah - Where do you hold your meetings?

Madison - George's Place.

4. Mike Update

First event is this Saturday night at 7pm. Bryan John Appleby is a folk artist from Seattle. Before the event there will be affogato, which is coffee shots over ice cream. At around 7:30pm we will have a Q & A before the concert. Afterwards there will be a big canvas in the back where attendees can express themselves in a collective art form. I will need your help with advertising. Any questions? Also can I get 4 people to help set up for the event at 6pm on Saturday. Please help spread the word.

5. Luke Update

I have some sign up sheets for Midnight Madness with more defined roles I will be passing around. I am looking for someone to take head of each of these groups, and then support people. Also, Rachel has 500 prizes she scored from Student Life that they received from Walmart. If anybody loves music and wants to create a playlist, I would really appreciate it. Part of the requirement for the event is to have 6 fire watchers that patrol during the event, which will have to go through training. Several people signed up for this. I will pass around the sign ups so please sign up for a group you would like to be in. The decision was to move it to 9:30pm start time on November 16th. Thank you. Might also need help setting up the lights on Wednesday during the day.

6. FVP

We (the executive officers) have been talking about the issue of Mental Health. One idea we had was putting together a "warming center", that would have some nice lighting, peaceful music, and stocked

with warm drinks. Students would be encouraged to talk with friends, and just enjoy the presence of other people. Thoughts on idea, and thoughts about locations?

Jordan - What makes this different than the coffee shop?

Breanna - It's always full, just a space for the same feel.

Evan - I think we should work on steering people to the counseling center where they have been addressing this issue already with their new programs.

Alex F - I think this would be a great idea for a stress reliever.

Jeff - It was an idea to do a trial period just for a few weeks, we are still working on some of those ideas.

Amelia - The "happy" lights would be a great idea.

Alex - How might we market this as a unique experience to students?

Breanna - Just as an additional space. Similar to the coffee shop but more conversation, less studying.

Karlin - How would it be paid for?

Jeff - We have talked with Sodexo about it. This would not be a long term idea. They would run and man it with funds from a requisition from the unallocated account.

Rachel - This would be similar to the Kipos Corner?

Breanna - The thought was to help with students with a space to de-stress. Any other thoughts?

Alex F - We should help advertise the new prayer room as an option.

Whitney - What about working with the HEAT Team?

Amelia - We already have our events planned out, but we could always talk about it.

Breanna - How would advocacy look like for supporting groups already addressing mental health?

Camina - We could put it on the app and newsletters.

Rachel - What about using this budget for permanent "happy" lights in the dorms?

Christina - This is a cool idea. When you want to have conversations with people it is hard to get away on campus. I am confused on how we would execute this.

Alex - I think the RA's do this already organically. We could ask and encourage them to talk and address mental health issues.

Luke - What about the massage event that took place last year?

Rachel and Breanna - It was too expensive for only 40 people to benefit.

Bailey - Instead of having one well known place, maybe have like several "secret" spots. I have been searching Whitworth for a space that not many people know about, to get away.

Amelia - You could ask the counselors to donate their time to come to this center where people can get to know them without going to the health center where there is the stigma around it.

Whit - I think mental health is important, but I think we have a lot of avenues that we can just help advertise and help push leadership to focus on mental health.

Hannah - What we tried to do it during Jan Term, so that is specific only for that period of time. Cozy Corners.

Evan - We are mostly talking about stress. It might sound heartless but college is stressful, and I think people should deal with it on their own term. I don't think we should be spending funds on this.

Jeff - Another announcement is next Thursday, November 10th at 6pm in the RTT the movie Nefarious will be showing. It's about human trafficking.

7. EVP

A service learning opportunity was brought to my attention today for zone representatives who are looking for an organization. It's a Shoe Drive for Africa taking place starting tomorrow. They are asking students to bring slightly used sensible shoes to the info desk between November 3rd -15th through SAAC (student athletics) from Northwood Middle School.

8. President

Every now and again, people bring awesome ideas to me. Spokane Gives happens in April, and the group I meet with will have meetings monthly until April. Basically you count up your hours spent on projects and then the month of April is a month of service. If you are interested in participating please contact her, and you can attend the planning meetings. Also, I got an email about why Whitworth does not have free Transit passes for students. I heard Gonzaga does, and was thinking we should explore this option?

Whit - I have gotten push back before when I tried to talk with them.

Mae - I heard Gonzaga pays an extra fee for it.

9. Reports & Vibes

Evan - As of yesterday, Whitworth.fm is partnered with the Bartlett. Starting tomorrow we will be doing a raffle for the tickets they give us in Sodexo. Put the word out there. We will be announcing when and how on our Facebook page. Go like it.

Christina - Unplugged next Friday, the 11th from 8pm-10pm. We encourage everyone in all dorms to come, although only Arend plays. Senators please put it in your newsletters.

Luke - This weekend there is some big games. Last home football game, volleyball game, men's soccer and swim meet. Volleyball game will be a booty club game. Prizes will be handed out.

Bailey - Exciting news, I booked a concert for Springfest. This group is right in their journey to fame. Start listening to them. We got a great deal, probably the biggest artist to come to campus. They are

so fun, and we are excited for them to come. Johnyswim is the artist. Advertise and get people to start listening. The concert will be on May 6th during Springfest.

Camina - Matika Wilbur is coming November 9th in the RTT at 7pm. This event is going to be really awesome, get all the details on Facebook. November 14th-18th is cultural awareness week. She will get everyone out a list of the events going on each day and times. Monday - Club Fair, Tuesday - Color of Fear Movie, Wednesday - HOLA Dinner, Thursday - International Education Forum, Friday - International Festival.

Hannah - Are you allowed to go to the HOLA dinner if you are a non-Hispanic.

Camina - Yes, of course.

Gretchen - On the 16th I am meeting with Beck, Rhosetta, and Forrest about the Graduation Speaker. There has been a lot of males, and they are pushing for a female. If you have any ideas of speaker, please contact her.

Whit - Waste challenge is going really well. Oliver and Duvall are a lot closer to a score of about a 7. Big improvement. Eco Reps have been incredibly helpful, so please encourage more people to apply. Also sent Green Pledges to Senators.

Norma - Right before the meeting I encountered Stephen Eyman - Whitworth alum - from The Arc of Spokane - nonprofit organization that works with vulnerable people. He is looking for Whitworth students to help him get a new program started. He received a federal grant which will allow students to get paid through Work Study. However, they are asking for a minimum of 5hrs per week and a maximum of 19hrs per week. This service can count for internship credit as well. I will be sure to send his contact information through email chain the Brenna sends out. Senators, please advertise this on your newsletters.

10. Recognition

Josh - Shout out to Rachel for helping with Survivor.

Breanna - Shout out to Camina for the coffee before the meeting

Norma - Shout out to Ivan for getting Duvall sweatshirts done. Everyone is doing a great job with these.

Norma - Shout out to Luke on Midnight Madness. I know you're in a lot of stress, and I appreciate you for being innovative with long-sleeve t-shirts.

Motion to close meeting by Josh, second by Alex F, approval unanimous, 1 absent.